



Murrayville Community College

Newsletter

From the Principal ...

Australian Open Blitz-

Murrayville Tennis Club has been very fortunate this year to be involved in Tennis Victoria's pre-Australian Open promotions.

Tennis Victoria's roadshow of two semi-trailers will be visiting Murrayville on Monday 2nd December to provide a range of activities, prizes and a BBQ lunch for our students and the community. Tennis Victoria has also invited our neighbouring schools to attend. As part of this, those in attendance will be able to get up close and personal with the actual Australian Open trophies.

Unfortunately this day coincides with the Year 7-9 Canberra trip, however, the students who remain at school will have an unforgettable experience. Stay tuned for more details closer to the event.

Ag News -

On Friday our shearing began, with 12 crossbred ewes. These were shorn in preparation for sale, as we make the transition to mainly merino sheep. Thankyou to Brett Mudie for coming in to do the shearing.

On Wednesday we also sold 12 sheep that had been feedlotted as part of Chloe Daniel's VCE Ag business venture.

Arapiles Camp -

News from Natimuck is that all of our students have extended themselves in their Rock Climbing activities.

Mrs Inglis reports that they have done themselves and their school proud over the last week. Thankfully they have had a very good week of weather for camping. Thanks to Mrs Inglis and Mr Willersdorf for again making this camp possible.

P-6 Clubs -

Primary students have been enjoying a variety of activities during lunchtime sessions over the past couple of weeks.

We are most appreciative of the time given by club leaders so the children can have a 'taste' of extra-curricular activities.

VCE Students -

Exams are continuing for VCE classes, with most students completing all exams by the end of next week.

Year 12 students are then looking forward to celebrating their end of school with a dinner for family and staff next Friday evening.

Please Note -

I draw your attention to the notices on the right regarding the magazine and booklists.

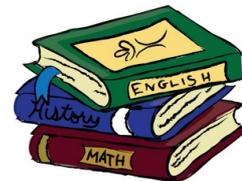
As you will appreciate, timelines are extremely important as we near the end of the school year and make plans for 2014.

Thank you in anticipation of your cooperation.

*Natasha Mudie
Principal*

DO YOU WANT A 2013 SCHOOL MAGAZINE?

Numbers for this year's magazine are currently being finalised. If you omitted to include this on the booklist at the beginning of the year and still wish to receive a magazine, please forward \$15 to the front office next week.



Secondary students have this week received their 2014 booklists.

Where students are on camp, booklists were sent home with siblings, or posted.

Please ensure these booklists are completed and returned to school by Wednesday 13th November.

Orders will be collated and sent off to suppliers at the end of next week, so your cooperation with the deadline will ensure texts are available for the commencement of the 2014 school year.

This term, students in Years 8 and 9 showcased some of the poems they wrote with Lorraine Marwood in the newsletter. Unfortunately two of the poems weren't published correctly. I apologise for this. They have been edited and appear, in their correct format, below. *Fionna Edwards*

My Haven

Bullets of rain,
Thundering down on my umbrella,
It keeps me safe, dry,
Protects me from pelting rain.

I am unseen, hidden,
Behind my curtain of rain,
I'm happy in my world,
Standing alone in the weather.

I walk to the house,
On the concrete steps,
My rain curtain breaks,
My little world is gone.

By Tara Heintze



What Not to Do On a Rainy Day

The water drips to my sock,
As I splash through the mud,
Slipping and sliding,
My boots heavy with its extra cargo.

There is a puddle right at my feet,
Unsure whether to jump in,
Will I face my Mum?
With mud all over, I don't know.

I climb the first step,
Ready to face her wrath,
The mud slips from my boots,
Staining Dad's precious concrete brown.

By Matthew Beer



HAMILTON SCHOLARSHIP

The Hamilton Scholarship is open to Pinnaroo Primary School students in their last year of primary schooling and in their first year of secondary schooling.

Information regarding the scholarship is available at the front office at P.P.S.

All applications are due by Monday 11th November for the panel to read and nominate a scholarship winner or winners.

CANTEEN

AVAILABLE MONDAY-FRIDAY

Wraps / Sandwiches / Rolls

Ham & Cheese or Chicken & Cheese Hot Rolls

ALL ORDERS ARE TO BE PLACED BEFORE SCHOOL

Please - no more than \$5 in your envelope

PRIMARY GOLD AWARDS

Prep :

Brooklyn Morzer-Bruyns

for learning his 'magic' words so well

1-2 :

Emma Parker

for mastering many new Maths skills

Noah Ewins

for outstanding English work and focus on task

Cooper Wisneske

for his outstanding ability to be a supportive, co-operative partner

3-4 :

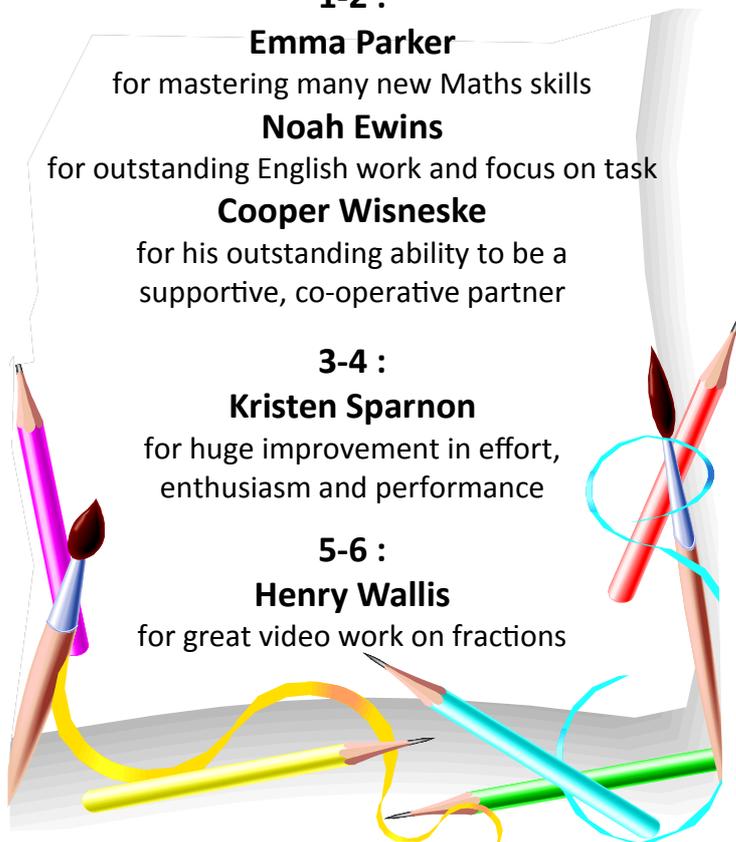
Kristen Sparnon

for huge improvement in effort, enthusiasm and performance

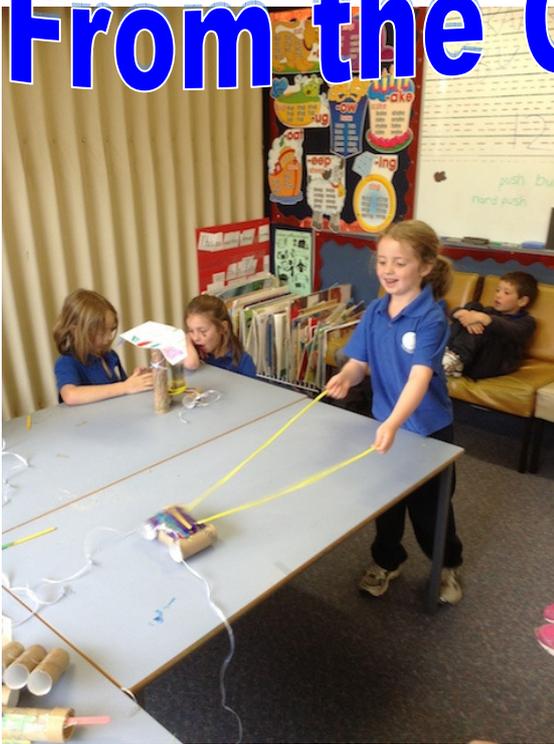
5-6 :

Henry Wallis

for great video work on fractions



From the Grade 1/2 class



Grade 1 and 2 students have really been very hard at work over the past weeks. Some of the challenges set for the children have been writing persuasive texts, finding many ways to do subtraction and designing a pull toy! The underlying theme throughout all of our work, though, has been the ability to keep on going, to persist even when the task seems challenging. I'm pleased to say that many children are beginning to show that they are capable of persevering with tasks through to completion!

Last week in Grade 1 and 2 we began using a great classroom management program called Class Dojo. Each student can score positive points throughout the day for behaviours such as being kind, good thinking or staying focussed. The list of positive behaviours is flexible and can be designed to suit the class. For example, this week we are focussing on

completing work on time, so we have added that to the list. The students have a say in what is on the list too. There is also a range of negative behaviours for which the students can lose a point and these are things such as being off task, talking out of turn or being unkind. It is normal for students to have one or two negatives and several positives over the course of the day. Parents have a chance to log in and see how their child's day has been so there's a little extra motivation for the children. So far the system is proving to be great for giving the students information about their own behaviour. They are really enjoying it!



Student avatar for Class Dojo.



More Primary Club Activities





Help for Shy or Anxious Teens and Children:
Online Treatment for Social Anxiety is now
available!

For children and teenagers with Social Anxiety, school can be an incredibly difficult time. Activities like presenting oral reports, participating in class activities, playing or competing in team sports and joining in with groups can be extremely anxiety provoking situations. But there is help available... and it's online!

A team of researchers (BRAVE Team) at Griffith University, University of Southern Queensland, and the University of Queensland are seeking children (8-12 years) and teenagers (13-17 years) suffering from social anxiety; a fear of being negatively judged by others, or extreme shyness.

The BRAVE program aims to help children and their parents learn strategies for managing social anxiety and teach techniques to cope with anxiety-provoking social situations. The treatment program involves between 7-12 online sessions for participants, with each session taking approximately an hour to complete. Families are charged a one-off fee of \$120 to assist in covering treatment costs and will also be asked to complete questionnaires and telephone interviews. However, families will receive a rebate of \$25 in vouchers each time they complete a post-treatment assessment.

For more information, or to register your interest in the program, please visit the BRAVE ONLINE website: www.exp.psy.uq.edu.au/socialanxiety. Alternatively, you can contact the BRAVE team on (07) 3735 3312 or Email: brave@psy.uq.edu.au.

For further information, pay a visit to our Facebook page: www.facebook.com/braveforanxiety



INFORMATION ABOUT THE BRAVE-ONLINE PROGRAM!

Between 5 and 10% of children are affected by severe anxiety, which has extremely debilitating effects on a child's emotional, social and educational functioning. In particular, social anxiety is one of the most common childhood anxiety disorders and is described as a persistent fear of social situations in which the child is exposed to unfamiliar people or to possible scrutiny by others.

The aim of this research project is to investigate how treatments for social anxiety can be delivered via the internet for children and adolescents. Many families are unable to attend face-to-face clinics, and prefer to participate in programs from their own home. The project also aims to determine whether treatment programs that specifically target social anxiety are more effective than treatment programs that focus on treating anxiety disorders as a whole.

The BRAVE-ONLINE Program will be running throughout this year, and parents are welcome to call us any time during the year. This program will incur a registration fee of \$120, with parents receiving a \$25 gift voucher each time they complete a follow-up questionnaire package.

There are no expected ill effects from participating in this study. The study has ethical clearance from the University of Queensland and Griffith University. Participation is voluntary, and families are free to withdraw at any time. In the event that the researchers identify any children that are experiencing high emotional distress and/or are not responding positively to the treatment program, they will contact their families to assist them in finding an appropriate referral. They will also be provided with contact details for a list of useful support services.

It is hoped to reach a diverse range of families across Australia.

For more information, please visit the website; exp.psy.uq.edu.au/socialanxiety

Mallee Sports Assembly is seeking team registrations for activities including:

table tennis, 3-on-3 basketball, bocce, carpet bowls, cricket, soccer to participate in International Day on Tuesday 3rd December between 9:30am and 2pm at the Irymple Leisure Centre.

To register, phone 5021 3464, or email to tanya@malleesportsassembly.org.au



COLLEGE CALENDAR

- 14/11 P-6 Plays at 11:15am
- 15/11 Year 12 Dinner
- 18/11 College Council
- 18-22/11 5/6 Melbourne Camp
- 20-21/11 Mock Interviews : Year 10
- 27/11 P-6 Science afternoon
- 29/11 Last day for Year 11 students
- 2-6/12 7-9 Canberra Trip
- 5/12 P-2 Ballet : Mildura
- 6/12 Last day for Year 10 students
- 10/12 Transition : K-10
- 12/12 CRE Convert at 11:15am
- P-6 Sleepover
- 18/12 Presentation Night

Community Notices

BREAST SCREEN BUS

Going from Murrayville to Murray Bridge on Tuesday, November 26th to a mobile Breast Screen unit.
Women are eligible for screening if they are 40 years and over -no cost for bus or mammogram. If we do not use these services we will lose them. The bus will stop for any pick ups along the way! Please call Jacqui at Neighbourhood House on 03 5095 2205 to book your appointment.

AQUA-ROBICS

to begin in Pinnaroo Pool Tuesdays
Nov 5th - Dec 10th
Session times:
9am Hi intensity
10am Low intensity
7pm Mid - Hi intensity
Cost \$3.00 per session or free with Pinnaroo pool season ticket
Contact Bec Niejalke for more details 8577 8973

At Jacob's Well... Bible Study/Prayer Meetings

Every 1st & 3rd & 5th Wednesdays of the month
Nov 6th & 20th, Dec 4th & 18th, Jan 1st, 15th & 29th
7.30pm – 9pm

Just Church

1st Saturday of the month
Nov 2nd, Dec 7th, Jan 4th
Shared tea at 6.30pm
Meeting at 7.30pm

Non- denominational, all welcome
Enquiries : Kym 0429 184841 / Faye 0418 774055

**Victoria Legal Aid
FREE SESSIONS
CHILD SUPPORT ADVICE**
in Mildura
14th November
at Mallee Family Care
Appointments made by phoning 1300 792 387 during business hours



**Murrayville Early Learning Centre
AGM**
Wednesday 4th December
5pm
At the Centre
Everyone welcome



Surf and Sun
are a Surf School Agent for an exciting new program for 5-12 year olds that builds confidence in kids through experiencing the freedom of surfing.
For bookings or enquiries please contact www.surfgroms.com/delivery-centres/surf-and-sun/ or phone 1800 786 386

A road
travelled
with a
good friend
is never
too long

COMMUNICATIONS SENT HOME THIS WEEK

- (* Return from parents required)
1. 2014 VCE students - blockings of 2014 subjects *
 2. 2014 Booklists - secondary *

Please check that you have received this information and contact the College if you require another copy

